

L IS FOR... LUNCHBOX MOMENT

When the lunch bell rings, I carry my lunch box with pride by my side.

I smell the spices, the zing, the sourness, sweetness, savory, comfort, warmth, and joy.

I open my tin and see mountains and rivers of color, crunchiness, chewiness, an adventure of eating. I see my family and memories and songs and singing.

And then someone taps me. I see all my friends' faces, wide-eyed and drooling, "Can I try that?" they ask.

Of course, that's why I always bring extra.

- Gina Yu



ARTWORK BY PUI TAM

"The kinds of behaviors that children are socialized to at a young age around race, around culture, around difference, whether it be accepting or not accepting, are the kinds of values that stay with people for a long time"

- Michael Spencer, a professor in social work at the University of Washington

