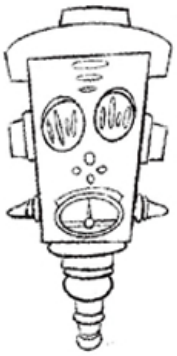
let's start the day by giving OURSELVES A BIG HUG



You HAVE BIG FEELINGS AND A BIG HEART! SHARE THEM!

YOUR CREATIVITY can solve ANYTHING! YOU'RE AN IDEA MACHINE!

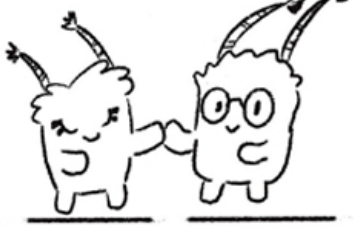
our differences are what make US SPECIAL!

I feel like A WINNER when I'm with YOU!

YOU ARE THE VERY BEST AT BEING YOU!!!

YOU ARE Brave!

today is a GREAT day to HELP OTHERS



YOU CAN MAKE YOUR OWN MAGIC!

KINDNESS IS THE COOLEST!

ALL WE CAN CONTROL IS OURSELVES.

Albie's Elevator

**PEP TALK CARDS:**
Cut out the cards and put them in a special container. Read one whenever you need a pep talk!

WHYY PBS npr